

# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.-BHUPATINAGAR, Dist.-PURBA MEDINIPUR, PIN.-721425, WEST BENGAL, INDIA NAAC Re-Accredited B4Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions DBT Star College Scheme Award Recipient

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#### PROGRAMME OUTCOME (PO), COURSE OUTCOME (CO) AND PROGRAMME SPECIFIC OUTCOME (PSO) FOR FINAL YEAR STUDENTS UNDERGRADUATE COURSE: 2018-2019

#### **Programme Name: B. SC. Honours (NUTRITION)**

#### **PROGRAMME OUTCOMES (PO):**

PO1	Interdisciplinary Knowledge	Apply the knowledge of nutrition, dietetics, food sciences, nutritional physiology, nutritional biochemistry, nutritional biophysics, research methodology, statistics, epidemiology, demography, immunology, molecular biology, nutrigenomics, metabolomic and epigenetic to the solution of health problems.
PO2	Problem Analysis	Identify, formulate, research literature, and analyze complex health problems and searching out the solutions by applying the modified foods and nutrients to mitigate the problems.
PO3	Conduct Investigations of Complex Problems	Use research-based knowledge and research methods including design of experiments, analysis and interpretation of data, and synthesis of the information to provide valid conclusions regarding nutrition solving diseases.
PO4	Modern Tool usage	Food is first line medicine, the nutritional sciences have long benefited from the intellectual and pragmatic input of ideas and techniques from other medicinal and pharmaceuticals disciplines.
PO5	The Nutritionist and Society	Apply reasoning informed by the contextual knowledge to assess societal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional dietitian practice.
PO6	Ethical Values	Students will be able to discuss the ethical implications of our understanding of nutrition and nutritional discoveries and to develop the culture of value-based thinking, understand the pros and cons while taking decisions, and lead a sound value based ethical life.
PO7	Research & Life-long Learning	Students will be able to demonstrate a depth of knowledge within their area of study and a breadth of knowledge across the field of nutrition. Students will be able to design and complete a research study and/or scientific experiments.
PO8	Familiarity with Recent Developments	Students will able to gathered recent knowledge in different practical techniques regarding nutrigenomics.
PO9	Ability in Creative Skills	Students will be able to discuss and practice professional standards of scientific inquiry and responsible conduct of scientists that are essential for the pursuit of new knowledge. Students will be able to process and analyze data to make sound interpretations.

PO10	Environmental	Students will able to understand and aware the importance of
	Awareness &	environment in our life. Students will able to understand and aware
	Sustainability	the community regarding the environmental pollution and their
		management. A beautiful forest-like campus that provides gorgeous
		scenery, and a quiet and comfortable learning environment.

#### **PROGRAMME SPECIFIC OUTCOME (PSO):**

- **PSO 1:** To make students learn nutrition and apply nutritional knowledge to important public health issues and distribute such knowledge to population.
- **PSO 2:** Students acquire practical knowledge on diet chart and diet planning, computer application, project, internship, data computation and educational excursion.
- **PSO 3:** Students of nutrition will get an idea of various aspects of diseases, dietary Management, menu planning, service style, research, data computation and health statistics and its application.
- **PSO 4:** Nutrition graduates have ample scope in academics, higher research institutes, hospital industry, diet clinic, NGO services, food industry, government services and many others.

#### **COURSE OUTCOME (CO):**

#### Paper -VI (7) (Theoretical)

#### **Unit – 11 (Diet Therapy-II)**

CO 7:11:1	To know about the general objective, importance, various factors of diet
	therapy.
CO 7 :11:2	To know about the principle of therapeutic diet and the factors to be
	considered in planning therapeutic diet in different diseases.
CO 7:11:3	To gain knowledge about various types diseases and their etiology,
	symptoms, types, dietary management, and included and excluded foods.

#### Unit 12 (Health statistics, computer application and research methodology)

CO 7:12:1	Understand the basic concept of research, Sampling, data collection method,
	experimental design.
CO 7:12:2	Understand the basic principles of health statistics, including hypothesis
	testing, tabulation of data.
CO 7:12:3	To gain knowledge about overall health statistics, measurement of central
	tendency, standard deviation and standard error and their application on nutrition
	and public health.
CO 7:12:4	Gain knowledge on computer fundamental and operations like computer
	viruses, data processing, principle of Programming and their applications.

## Paper – VII (7) (practical)

#### Unit – 13 (Meal Management)

CO 7:13:1	To know about principles of formulation of diet chart and food service
	management.
CO 7:13:2	Students are able to planning and preparation of diet chart and menu planning
	for infants, pre-school children and adolescents, pregnant, lactating and nursing
	mothers from different physical activity and socio-economic status.
CO 7:13:3	To gain knowledge on diet chart and menu planning for elderly people and food
	service management functions, tools of management and resources.

#### Unit - 14 (Project, Internship & Educational Excursion)

CO 7:14:1	To know about meaning of scientific research and its methods. Overall idea
	about internship and educational excursion related higher learning center.
CO 7:14:2	Understand the formulation of the Project and project design and prepared own
	project application with Statistical procedures.
CO 7:14:3	Students are able to make a report on the basis of internship in a hospital
	dietary department or diet clinic on basis of patient's information.
CO 7:14:4	To gain experience in the administrative set up of a dietary department and role
	of dietician in hospital management and uses of different instruments.

## Paper – VIII [8] (Practical)

#### Unit - 15 (DIET THERAPY

CO 7:15:1	To gain knowledge about various types of diet (normal diet, fluid diet, soft
	diet, high protein diet, low fat and low caloric diet).
CO 7:15:2	Students are able to planning and preparation of various types of diet such as
	normal diet, fluid diet, soft diet, high protein diet, low fat and low caloric diet.
CO 7:15:3	To gain knowledge about various types of disease and planning the preparation
	of diets for the following conditions: Peptic Ulcers, Viral Hepatitis, Anaemia,
	Diabetes Mellitus, CHD, Gout.

#### Unit - 16 (HEALTH STATISTICS, COMPUTER & ASSIGNMENT PROGRAMME ON RESEARCH METHODOLOGY)

CO 7:16:1	To know about graphical presentation of data, computation of Mean, Median, Mode, SD & SE and Significance of testing by 't' test with interpretation – Paired observation, standard/population mean.
CO 7:16:2	To gain knowledge about the use of microsoft word and excel with specific problem and tabular form of data presentation in computer.
CO 7:16:3	Students are able to make a assignment programme for experimental design of the different fields.
CO 7:16:4	Students are able to make a report on community survey.

#### DETAILED SYLLABUS OF LAST YEAR UG (HONOURS) COURSES

#### **Paper -VI (Theoretical)**

#### Unit – 11 (DIET THERAPY-II)

#### Lectures: 50

- 1. Diet in disease of the endocrine pancreas : Diabetes Mellitus Classification, symptoms, diagnosis, management Insulin therapy, oral hypoglycemic agents, glucose monitoring at home, dietary care and nutritional therapy, meal plan (with and without insulin), special diabetic foods, sweeteners and sugar. substitute.
- Diseases of the cardiovascular system: Atherosclerosis etiology and risk factors. Hyerlipidemias - brief review of Lipoprotein and their metabolism, classification of hyperlipidemias, clinical and nutritional aspects of hyperlipidemias. Dietary care -Ischemic Heart Diseasenutritional management, Hypertension - etiology, prevalence, nutritional management. Prevention of cardiovascular diseases and diet.
- 3. Renal Diseases: Classification, etiology, symptoms of Glomerulonephritisdietary management. Acute and Chronic Nephritis-dietary management. Nephritic & Nephrotic syndrome-dietary management. Renal failure and Ureaemia-dietary management. Nephrolithiasis-dietary management. Use of sodium and potassium exchange list.
- 4. Allergies: Definitions, symptoms, diagnosis and dietary managementfood selection.
- 5. Inborn error of metabolism Lactose Intolerance, Galactosamia, Phenyl ketonuria.
- 6. Anaemias: Pathogenesis and dietary management Nutritional Anaemias, Sickle Cell Anaemias, Thalassemia, Anaemia resulting from Acute Haemorrhage.

#### **Unit** – 12

Lecture: 50

#### (HEALTH STATISTICS, COMPUTER APPLICATION AND RESEARCH METHODOLOGY)

#### A. Research Methodology

- 1. General concept of research, types of Research Exp. research, Action research, Historical research.
- 2. Sampling Criteria, Design, Characteristics of good sampling, types of sampling.
- 3. Data, Data collection method, Criteria of good data, grouped data, ungrouped data.
- 4. Experimental design In brief.

#### **B. Health Statistics**

- 1. Definition, Meaning of Importances of Statistics, Bio-statistics, Descriptive and Inferential Statistics, Hypothesis and their types, Level of significance, Critical region and accepting region, Variable and their types.
- 2. Tabulation of data Frequency distribution and its types, Cumulative, Bivariate and Multivariate frequency distribution, Graphical presentation of frequency distribution Histogram, Bar diagram, Polygram, Pie diagram.
- 3. Measurement of central tendency, standard deviation and standard error -

Definition, Calculation, Kurtosis, Skeness.

 Test of significance – Null hypothesis, Alternative hypothesis, degree of freedom, t-test – one tail-t test, two tail-t test, pair observation, standard mean of observation, test of significance.

#### **B.** Computer

- 1. Computer fundamental Basic anatomy of computer, generation of computer, application of computer.
- 2. Hardware and Software concept Storage devices, system software, multi programming operating system, multi tasking operating system.
- 3. Computer viruses: Computer viruses, working of viruses, network viruses, antivirus, common antivirus software.
- 4. Data Processing Types of data, types of data processing, step in data processing, application of data processing.
- 5. Principle of Programming Programme language approaches.

#### Paper - VII (practical)

#### Unit – 13 (MEAL MANAGEMENT)

- 1. Principles of formulation of diet chart.
- 2. Diet chart and menu planning for adult .men and women of different physical activity and economic status.
- 3. Diet chart and menu planning for infants, pre-school children and adolescents from different socio-economic status.
- 4. Diet chart and menu planning for pregnant, lactating and nursing mothers from different socio-economic group.
- 5. Diet chart and menu planning for elderly people.
- 6. Food service management: Definitions, principles and functions. Tools of management, resources.

#### Unit - 14 (PROJECT, INTERNSHIP & EDUCATIONAL EXCURSION)

#### A. Project Work:

A Project work on public health / nutritional biochemistry / nutritional survey to be submitted.

Formulation of the Project:

- 1. Meaning of scientific research and its methods. Formulation of project design.
- 2. Types of project design- exploratory, descriptive, experimental, cross sectional or longitudinal.
- 3. Methods: survey, case study, anthropological or experimental.
- 4. Tools and techniques: observation, interviewing, questionnaire schedules or

rating scales.

5. Tabulation and interpretation: Tabular and graphic representation of data and its interpretation, bar diagram, pie diagram. Statistical procedures - variables, mean, standard deviation, test of hypothesis (t-test), chi-square test, degrees of freedom, null hypothesis, z-score.

#### **B. Internship:**

A report on the basis of internship in a hospital dietary department or diet clinic to be submitted.

Aspects to be covered for general knowledge to:

- 1. Establish rapport with patients assess the nutritional status and diet history of patients.
- 2. Plan diet sheets after careful study of patients' case sheets prepare and provide guidance in the production of therapeutic diets.
- 3. Supervise preparation of diets, assist and guide in tray setting with special emphasis on portion control and therapeutic modifications.
- 4. Supervise delivery of trays to patients.
- 5. Get feedback from patients regarding diets.
- 6. The modification of diet through consultation doctors.
- 7. Undertake case study at hospital situations.
- 8. Visits to different dietary departments of various hospitals.
- 9. Updating knowledge of presentation and participation through seminars and projects.
- 10. Gain experience in the administrative set up of a dietary department.
- 11. The role of dietician in hospital management.

# **B.** Educational excursion in research hospital/ nutrition research related higher learning center:

- a. Submitted a typed report considering minimum following.
- b. Description of the Institute.
- c. Principle of different instruments with uses.
- d. Overall idea about excursion.

## Paper - VIII (Practical)

#### Unit - 15 (DIET THERAPY)

- 1. Planning and preparation of normal diets.
- 2. Planning and preparation of fluid diets.
- 3. Planning and preparation of soft/semi solid diets.
- 4. Planning and preparation of high protein diets.
- 5. Planning and preparation of low fat and low calorie diets.
- 6. Planning and preparation of diets using sugar substitute for diabetic patients.
- 7. Planning and preparation of high fiber diets.
- 8. Planning the preparation of diets for the following conditions: Peptic Ulcers, Viral

Hepatitis, Anaemia, Diabetes Mellitus, CHD, Gout.

#### Unit – 16 (HEALTH STATISTICS, COMPUTER & ASSIGNMENT PROGRAMME ON RESEARCH METHODOLOGY)

- 1. Graphical presentation of data.
- 2. Computation of Mean, Median, Mode, SD & SE.
- 3. Significance of testing by 't' test with interpretation Paired observation, standard/population mean
- 4. Tabular form of data presentation in computer.
- 5. Use of Microsoft Word and Excel with specific problem.
- 6. Assignment programme for Experimental design covering any one of the following fields.
  - i. Protein under nutrition and its recovery.
  - ii. Vitamin or Mineral under nutrition and its recovery.
  - iii. Dietary management of non-communicable disease.
  - iv. Dietary management of growing child.
  - v. Impact of nutrition education on awareness development in the field of personal health.
- 7. Community survey Report- Anyone.

# MAPPING OF CO, PO, PSO

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	PSO4
CO	٧	V		V							٧		V	
7:11:1														
CO	V	V		V			V				V		V	
7:11:2		-												
CO	V	V		V					V		V		V	
7:11:3	-1	-1					-1		-1				-1	-1
CO 7 12 1	V	V					V		V				V	V
/:12:1	1	1				1			2			<u></u>		
7.12.2	V	v	v			v			v			V	V	
$\frac{7.12.2}{CO}$	<u>ا</u>	V	<u>ار</u>				V					<u>ا</u>	<u>ار</u>	
7.12.3	•	•					•					•	•	
$\frac{7.12.3}{CO}$	V		V			V		V			V	V		V
7:12:4	-		-			-		-			-	-		-
CO	V	V			V				V			<u>۷</u>	V	V
7:13:1														
CO	٧	٧			V				V			v	v	v
7:13:2														
CO	٧	٧			٧				٧	V		V	V	
7:13:3														
СО		٧	٧				٧	٧		V		V		
7:14:1														
CO		٧	V			٧	٧			V		V	V	
7:14:2														
CO	٧		V			V			V		V	V	V	
7:14:3														
CO	V		V		V	V				V				V
7:14:4														
CO	٧	V			V			V				v	V	
7:15:1														
CO	٧				V			V				V	V	V
7:15:2										_				
CO	V	V			V			V				V	V	
7:15:3														
	V		V	V					V			V	V	
/:10:1	7		1	1			1		21			1	2	
7.16.2	v		v	v			v		v			v	V	
7:10:2			V				V					J	V	
7.16.3							•					•	V	
CO		V			V	V							V	V
7.16.4														
/:10:4														

# Justification matrix of CO with PO & PSO (high: 3, medium: 2, low:1)

	Mapping	Correlation	Justification
CO 7:11:1	PO1	High	Gain knowledge on diet therapy in various diseases.
	PO2	High	Understand the different complication of various diseases.
	PO4	High	Medicine and Modern Tool are uses for treatment of
			various diseases for recovery.
	PSO1	High	Learn nutrition and apply nutritional knowledge to
			important public health issues.
	PSO3	High	Get an idea of various aspects of diseases and dietary
			management
CO7:11:2	PO1	High	To know about the principle of therapeutic diet.
	PO2	High	The causative factors to be considered in planning
			therapeutic diet in different diseases.
	PO4	High	Modern medicines are use for treatment of various
			diseases for quick recovery.
	PO7	High	Students are able to demonstrate a depth of
			knowledge within their area of therapeutic diet.
	PSO1	High	Learn therapeutic nutrition and apply nutritional
			knowledge to important public health issues and
	DCCA	TT' 1	distribute such knowledge to population.
	PSO3	High	Get an idea on dietary management of various aspects
007.11.2	DO 1	TT' 1	of diseases, dietary and its application.
CO/:11:3	POI	High	To gain knowledge about various types diseases and
			and included and excluded foods
	PO2	High	To gain knowledge about various types of symptoms
	102	Ingii	and complication of different diseases
	PO4	High	Different types of modern Tool are use for the
	101	ingii	diagnosis of the diseases.
	PO9	High	Students will be able to discuss and practice
		8	professional standards of scientific inquiry on
			therapeutic nutrition.
	PSO1	High	Students learn diet therapy and apply nutritional diet
			therapy knowledge on public health issues and
			distribute such knowledge to population.
	PSO3	High	Students of nutrition will get an idea of various aspects
			of diseases, dietary management, menu planning,
			service style and its application.
CO7:12:1	PO1	High	Understand the basic concept of research, Sampling,
			data collection method, experimental design.
	PO2	High	Indentify different types of problems on research,
	<b>D D D D D D D D D D</b>		Sampling, data collection method.
	PO7	High	Students will be able to demonstrate a depth of
			knowledge within their area of study on research,
			Sampling, data collection method and a breadth of
			knowledge across the field of nutrition.

	PO9	High	Students will be able to process and analyze data to
		_	make sound interpretations.
	PSO3	High	Students will get an idea on research, data computation
			and health statistics and its application.
	PSO4	High	Students will apply an idea of research, data
			computation and health statistics on their working.
CO7:12:2	PO1	High	Understand the basic principles of health statistics,
		_	including hypothesis testing, tabulation of data.
	PO2	High	Identify, formulate, research literature, and analyze
			complex health problems and searching out the
			solutions
	PO3	High	Use research-based knowledge and research methods
			including designof experiments, analysis and
			interpretation of data, and synthesis of the information
			to provide valid conclusions regarding nutrition
ļ.			solving diseases.
	PO6	Hıgh	Students will be able to discuss the ethical
			implications of their understanding of health statistic
			and nutritional discoveries and to develop the culture
	DOO	Mallana	of value-based thinking.
	P09	Medium	Students will be able to discuss and practice
			responsible conduct of scientists that are essential for
			the pursuit of new knowledge
	PSO2	High	Students acquire practical knowledge on health
	1502	Ingn	statistics including hypothesis testing tabulation of
			data.
	PSO3	High	Students will get an idea of health statistics, including
		8	hypothesis testing, tabulation of data and its
			application.
CO7:12:3	PO1	High	To gain knowledge about overall health statistics,
			measurement of central tendency, standard deviation
			and standard error.
	PO2	High	Identify, analysis the problem of health statistics,
			measurement of central tendency, standard deviation
			and standard error.
	PO3	Medium	Use research-based knowledge and health statistics,
			measurement of central tendency, standard deviation
			and standard error, synthesis of the information to
			provide valid conclusions regarding nutrition solving
	D07	TT' 1	diseases.
	PO/	High	Students will be able to demonstrate a depth of
			statistics massurement of control tendency stondard
			deviation and standard error and a breadth of
			knowledge across the field of nutrition
	PSO2	High	Students acquire practical knowledge on health
	1002	111511	statistics, measurement of central tendency standard
			deviation and standard error
	PO7 PSO2	High High	diseases.Students will be able to demonstrate a depth of knowledge within their area of study of health statistics, measurement of central tendency, standard deviation and standard error and a breadth of knowledge across the field of nutrition.Students acquire practical knowledge on health statistics, measurement of central tendency, standard deviation and standard error.

	PSO3	High	Students will get an idea of health statistics, including hypothesis testing, tabulation of data, measurement of central tendency, standard deviation and standard error and its application.
CO7:12:4	PO1	High	Knowledge gain on computer fundamental and operations like computer viruses, data processing and principle of programming.
	PO3	High	Identify the problems of computer operations and data processing.
	PO6	Medium	Students will be able to discuss the ethical implications of their understanding of computer operations and data processing and understand the pros and cons while taking decisions, and lead a sound value based ethical life.
	PO8	High	Students will able to gathered recent knowledge in different practical tools and techniques regarding nutrition and nutrigenomics with the help of computer operations and data processing.
	PSO1	High	Students learn computer operations and data processing and apply this knowledge to important public health issues and distribute such knowledge to population.
	PSO2	High	Students acquire practical knowledge on computer application, operations and data processing.
	PSO4	High	Students will apply an idea of computer application, operations and data processing, data computation and health statistics on their working.
CO7:13:1	PO1	High	To know about principles of formulation of diet chart and food service management.
	PO2	High	Analyze complex health problems and searching out the solutions by applying the modified foods and nutrients to mitigate the problems.
	PO5	High	Apply reasoning informed by the contextual knowledge to assesssocietal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional dietitian practice.
	PO9	High	Students will be able to discuss and practice professional standards of scientific inquiry and responsible conduct of scientists that are essential for the pursuit of new knowledge.
	PSO2	High	Students acquire practical knowledge on diet chart and diet planning.
	PSO3	High	Students of nutrition will get an idea of various aspects of diseases, dietary management, menu planning, service style.
	PSO4	High	Nutrition graduates have ample scope in academics, higher research institutes, hospital, industry, diet clinic, NGO services, food industry.

CO7:13:2	PO1	High	Students are able to planning and preparation of diet
			chart and menu planning for infants, pre-school
			children and adolescents, pregnant, lactating and
			nursing mothers from different physical activity and
			socio-economic status.
	PO2	High	Identify and analyze complex health problems and
	102		searching out the solutions by applying the modified
			foods and nutrients to mitigate the problems.
	PO5	High	Apply reasoning informed by the contextual
	100	ingii	knowledge to assess societal, health, safety, legal and
			cultural issues and the consequent responsibilities
			relevant to the professional dietitian practice.
	PO9	High	Students will be able to discuss and practice
	105	ingn	professional standards of scientific inquiry and
			responsible conduct of scientists that are essential for
			the pursuit of new knowledge
	PSO2	High	Students acquire practical knowledge on diet chart and
	1302	Ingn	diet planning
	PSO3	High	Students of nutrition will get an idea of various aspects
	1505	Ingn	of diseases distant management, many planning
			service style
	DSO4	Madium	Nutrition graduates have apple seens in academies
	P304	Medium	higher research institutes, hearital industry, dist
			alinia NCO compises food in dustry.
			chnic, NGO services, lood industry.
CO7:13:3	PO1	High	To gain knowledge on diet chart and menu planning
			for elderly people and food service management
			functions, tools of management and resources.
	PO2	High	Identify and analyze complex health problems and
			searching out the solutions by applying the modified
			foods and nutrients to mitigate the problems.
	PO5	High	Apply reasoning informed by the contextual
			knowledge to assesssocietal, health, safety, legal and
			cultural issues and the consequent responsibilities
			relevant to the professional dietitian practice.
	PO9	High	Students will be able to discuss and practice
			professional standards of scientific inquiry and
			responsible conduct of scientists that are essential for
			the pursuit of new knowledge
	PO10	High	Students will able to understand and aware the
			community regarding the environmental pollution and
			their management.
	PSO2	High	Students acquire practical knowledge on diet chart and
			diet planning.
	PSO3	High	Students of nutrition will get an idea of various aspects
		_	of diseases, dietary management, menu planning and
			service style.
$CO7 \cdot 14 \cdot 1$	PO2	High	To know about meaning of scientific research and its
	102	111511	methods. Overall idea about internshin and
			educational excursion related higher learning center
			equeutonal execution related ingher learning center.

	PO3	High	Use research-based knowledge and research methods
		U	including design of experiments, analysis and
			interpretation of data, and synthesis of the information
			to provide valid conclusions regarding nutrition
			solving diseases.
	PO7	High	Students will be able to design and complete a
			research study and/or scientific experiments.
	PO8		Students will able to gathered recent knowledge in
			different practical techniques.
	PO10	Medium	Students will able to understand and aware the
			importance of environment in our life. Students will
			able to understand and aware the community regarding
			the environmental pollution and their management.
	PSO2	High	Students acquire practical knowledge on project.
		6	internship and educational excursion.
CO7:14:2	PO2	High	Identify, formulate, research literature, and analyze
		6	complex health problems and searching out the
			solutions.
	PO3	High	Understand the formulation of the Project and project
		U	design and prepared own project application with
			Statistical procedures.
	PO6	High	Students will be able to discuss the ethical
		U	implications of our understanding of nutrition and
			nutritional discoveries
	PO7	High	Students will be able to demonstrate a depth of
			knowledge within their area of study and a breadth of
			knowledge across the field of nutrition.
	PO10	Medium	Students will able to understand and aware the
			importance of environment in our life.
	PSO2	High	Students acquire practical knowledge on project.
	PSO3	High	Students of nutrition will get an idea of various
			research and health statistics and its application.
CO7:14:3	PO1	High	Students are able to make a report on the basis of
			internship in a hospital dietary department or diet
			clinic on basis of patient's information.
	PO3	High	Analysis and interpretation of data, and synthesis of
			the information to provide valid conclusions
			regarding nutrition solving diseases.
	PO6	High	Students will be able to discuss the ethical
			implications of our understanding of nutrition and
			nutritional discoveries.
	PO9	High	Students will be able to process and analyze data to
			make sound interpretations.
	PSO1	High	Apply nutritional knowledge to important public health
			issues and distribute such knowledge to population.
	PSO2	High	Students acquire practical knowledge on internship and
			its application.
	PSO3	HighPO2	Students will get an idea of various aspects of diseases,
			dietary management, menu planning, service style,

			research and health statistics and its application.
CO7:14:4	PO1	High	Apply the knowledge of nutrition, dietetics, food sciences, research methodology, statistics for solution of health problems.
	PO3	High	Synthesis of the information to provide valid conclusions regarding nutrition solving diseases.
	PO5	High	Understanding knowledge to assess societal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional dietitian practice.
	PO6	High	Students will be able to demonstrate a depth of knowledge within their area of study and a breadth of knowledge across the field of nutrition.
	PO10	High	Students will able to understand and aware the importance of environment in our life.
	PSO4	High	Nutrition graduates have ample scope in academics, higher research institutes, hospital industry, diet clinic, NGO services, food industry, government services.
CO7:15:1	PO1	High	To gain knowledge about various types of diet (normal diet, fluid diet, soft diet, high protein diet, low fat and low caloric diet).
	PO2	High	Searching out the solutions by applying the modified foods and nutrients to mitigate the problems.
	PO5	High	Apply reasoning informed by the contextual knowledge to assesssocietal, health, safety, legal and cultural issues.
	PO8	High	Students will able to gathered recent knowledge in different practical techniques regarding diet therapy.
	PSO2	High	Students aquire practical knowledge on diet chart.
	PSO3	High	Students of nutrition will get an idea of various aspects of diseases, dietary management and menu planning.
CO7:15:2	PO1	High	Students are able to planning and preparation of various types of diet such as normal diet, fluid diet, soft diet, high protein diet, low fat and low caloric diet.
	PO5	High	The consequent responsibilities relevant to the professional dietitian practice.
	PO8	High	Students will able to gathered recent knowledge in different practical techniques regarding diet therapy planning.
	PSO2	High	Students acquire practical knowledge on diet chart and diet planning.
	PSO3	High	Students of nutrition will get an idea of various aspects of diseases, dietary management and menu planning.
	PSO4	Medium	Nutrition graduates have ample scope in academics, higher research institutes, hospital industry, diet clinic
CO7:15:3	PO1	High	To gain knowledge about various types of disease and planning the preparation of diets for the such conditions like Peptic Ulcers, Viral Hepatitis,

			Aneamia, Diabetes Mellitus, CHD, Gout.
	PO2	High	Searching out the solutions by applying the modified
			foods and nutrients to mitigate the problems.
	PO5	High	Apply reasoning informed by the contextual
			knowledge to assesssocietal, health, safety, legal and
			cultural issues.
	PO8	Medium	Students will able to gathered recent knowledge in
	_		different practical techniques regarding diet therapy
			planning.
	PSO2	High	Students acquire practical knowledge on diet chart and
	1202		diet planning.
	PSO3	High	Students of nutrition will get an idea of various aspects
	1505	Ingii	of diseases dietary management and menu planning
CO7·16·1	PO1	High	To know about graphical presentation of data
007.10.1	101	Ingn	computation of Mean Median Mode SD & SF and
			significance of testing by 't' test with interpretation –
			Paired observation standard/nonulation mean
	PO3	Medium	To know the use of research-based knowledge and
	105	Wiedium	research methods
	PO9	High	Students will be able to process and analyze data to
	105	Ingn	make sound interpretations
	PSO2	High	Students acquire practical knowledge on Mean
	1502	Ingn	Median Mode SD & SE and significance of testing
			by 't' test with interpretation
	PSO3	High	Students will get an idea of various research data
	1505	Ingn	computation and health statistics and its application
CO7·16·2	PO1	High	To gain knowledge about the use of Microsoft word
07.10.2	101	Ingn	and excel with specific problem and tabular form of
			data presentation in computer
	PO3	High	To know the use of research-based knowledge and
	105	Ingn	research methods and tabular form of data presentation
			in computer
	PO7	High	Students will be able to demonstrate a depth of
	107	Ingn	knowledge within their area of study on Microsoft
			word and tabular form of data presentation in
			computer
	PO9	High	Students will be able to discuss and practice
	109	Ingii	professional standards of scientific inquiry and
			responsible conduct of scientists that are essential for
			the pursuit of new knowledge
	PSO2	High	Students acquire practical knowledge about the use of
	1502	Ingn	Microsoft word and excel with specific problem and
			tabular form of data presentation in computer.
	PSO3	High	Students of nutrition will get an idea of various
	1505	ingn	research data computation and health statistics and its
			application.
CO7·16·3	PO3	High	Students are able to make a assignment programme for
	105	111511	experimental design of the different fields
	PO7	High	Students will be able to demonstrate a denth of
1	101	1 11511	znaznio mini se usie to demonstrate a depui si

			knowledge within their area of study on experimental
			design of the different fields.
	PO10	Medium	Students will able to understand and aware the
			community regarding the environmental pollution and
			their management for experimental design of the
			different fields.
	PSO2	High	Students aquire practical knowledge on assignment
			programme for experimental design of the different
			fields.
	PSO3	High	Students will get an idea of research data computation
			and health statistics and its application.
CO7:16:4	PO2	High	Students are able to make a report on community
			survey.
	PO5	Medium	The contextual knowledge to assess community survey
			on societal, health, safety, legal and cultural issues.
	PO6	High	Students will be able to discuss the ethical
			implications of our understanding of nutrition and
			nutritional discoveries.
	PSO3	High	Students of nutrition will get an idea to make a report
			on community survey.
	PSO4	Medium	Nutrition graduates have ample scope in academics,
			higher research institutes, hospital industry, diet clinic,
			NGO services, food industry, government services and many others.

# ARTICULATION MATRIX OF CO WITH PO & PSO

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2	PSO3	PSO4
CO	3	3		3							3		3	
7:11:1														
CO	3	3		2			3				3		3	
7:11:2														
СО	3	3		3					3		3		3	
7:11:3														
СО	3	3					3		3				3	3
7:12:1														
CO	3	3	3			3			2			3	3	
7:12:2														
CO	3	3	2				3					3	3	
7:12:3														
CO	3		3			2		3			3	3		3
7:12:4	2	2			2				2			2	2	2
CO 7.12.1	3	3			3				3			3	5	3
/:15:1	3	3			3				3			3	3	2
7.13.2	5	5			5				5			5	5	2
7.13.2 CO	3	3			3				3	3		3	3	
7.13.3		U												
CO		3	3				3	3		2		3		
7:14:1														
CO		3	3			3	3			2		3	3	
7:14:2														
СО	3		3			3			3		3	3	3	
7:14:3														
CO	3		3		3	3				3				3
7:14:4														
CO	3	3			3			3				3	3	
7:15:1														
СО	3				3			3				3	3	2
7:15:2														
CO	3	3			3			2				3	3	
7:15:3									-					
CO	3		2						3			3	3	
7:16:1														
	3		3				3		3			3	3	
7:16:2			2				2					2	2	
7.16.2			3				3			2		3	) S	
/:10:3		3			2	3							3	2
7.16.4		5												<u></u>
/:16:4														
Target	3	3	2.8	2.6	2.8	2.8	3	2.8	2.8	2.4	3	3	3	2.5

# The following list of students from 2018-2019 Batch have taken admission into HEIs for higher studies:

Name of student	Program	Name of institution	Name of program
enrolling into	graduated from	joined	admitted to
higher education			
Banasri Parua	M.G.M/Nutrition	Raja Narendralal Khan	M.Sc in Food Science
		Women's College	and Nutrition
Saptaparni Shil	M.G.M/Nutrition	MAKAUT, WB	MBA
Snigdha De	M.G.M/Nutrition	College of Paramedical	M.Sc in Applied
		and Allied Health	Nutrition
		Sciences, WBUHS	
Krishna Pradhan	M.G.M/Nutrition	College of Paramedical	M.sc in Applied
		and Allied Health	Nutrition
		Sciences, WBUHS.	
SuchetaSantra	M.G.M/Nutrition	Vidyasagar Institute of	M.sc in. Clinical
		Health	Nutrition and Dietetics.
AnkitaMaity	M.G.M/Nutrition	Raja Narendralal Khan	M.Sc in Food Science
		Women's College	and Nutrition
Sumitra Das	M.G.M/Nutrition	Raja Narendralal Khan	MSc in Food Science
		Women's College	and Nutrition
Shreya khanda	M.G.M/Nutrition	MAKAUT, WB	MBA
Subinita Jana	M.G.M/Nutrition	IQ City medical College	Internship
	/Nutrition	and Hospital	
Nirupama Barman	M.G.M/Nutrition	All India Institute of	Diploma in Dietetics
		Hygiene and Public	
		Health, WBUHS	
Sampa Das	M.G.M/Nutrition	Vidyasagar Institute of	M.Sc in Clinical
		Health	Nutrition and Dietetics
Selina Begam	M.G.M/Nutrition	All India Institute of	Diploma in Dietetics
		Hygiene and Public	
		Health, WBUHS	
Bithika Jana	M.G.M/Nutrition	Vidyasagar Institute of	M.Sc in Clinical
		Health	Nutrition and Dietetics
SanchitaGiri	M.G.M/Nutrition	Raja Narendralal Khan	M.Sc in Food Science
		Women's College	and Nutrition

# **DIRECT METHOD**

## Academic Session: 2018-2019 3<sup>rd</sup> Year Programme Name: B. SC. HONS (NUTRITION)

#### ATTAINMENT LEVELS FOR

<b>Result of UG SEM 6 of the academic year 2018-2019</b>									
Sl.No.	Name	Class Roll	Total Mark	Percentage (%)					
1	Banasri Parua	751	555	69.38					
2	Saptaparni Shil	752	457	57.12					
3	Sathi Pradhan	753	568	71					
4	Snigdha De	754	574	71.75					
5	Krishna Pradhan	756	589	73.6					
6	Sucheta Santra	757	554	69.25					
7	Ankita Maity	758	503	62.87					
8	Sumitra Das	760	567	70.87					
9	Subinita Jana	763	382	48					
10	Nirupama Barman	768	560	70.00					
11	Rumpa Sheet	769	470	58.7					
12	Madhusree Maity	771	560	70.00					
13	Sampa Das	773	443	55.3					
14	Shreya khanda	777	480	60					
15	Selina Begam	778	495	61.87					
16	Puja Rani Mandal	780	531	66.37					
17	Bithika Jana	781	428	53.5					
18	Sanchita Giri	784	481	60.12					

#### PO & PSO ATTAINMENT INDIRECT METHOD Academic Session: 2018-2019 3<sup>rd</sup> Year Programme Name: B. SC. HONS (NUTRITION)

Exit form survey is conducted through questionnaire methods. out of 10 questions, first 7 of them relate directly to the POs & the last 3 questions relate to the PSOs. a sample form is given below:

		BF	IOPATINAGAR,	PORBA MEDINIP	01-121-23
	QUE	INDIRECT AS STIONNAIRE FOR (Students	SESSMENT MET R GRADU are asked to be	HOD :: ACADEM ATE EXIT SURVEY completed the fol	IC SESSION 2022-2023 (Tike the appropriate option) lowing 10 question)
tor	te Name: Del	V.4. 7_			
uei	its wante. 677	nina vani	a		
irse	Name: UG/ PC	G Ser	nester:		year: 3nd year
				. ,	11.1 0 .0
bile	No: 91590	65117	Em	nail: janabin	the Ka 132@ gmail. com
				9	V
	Billion		tent knowleder	of the sources t	aught?
1.	Did you acquire	e sound & suffic	lent knowledge	e of the courses t	
	Excellent	Good	Average	PUUI	
2	Pata your skill	development in	torms of critics	thinking & rea	soning offered in the courses?
2.	Excellent	Good	Average	Poor	
	Excellent	0000	Average	FOOT	
2	How much are	the courses off	ared to you sug	gesting an interc	disciplinary approach?
3.	Excellent	Good	Average	Poor	7
	Excellent	0000	Heroge		1
4	Rate the course	es as ner their c	ommunication	skill and attitude	2.
	Excellent	Good	Average	Poor	7
					-
5	Did the courses	help in develo	oing self directe	ed learning?	_
	Excellent	Good	Average	Poor	7
		$\checkmark$			
6.	Rate the course	es in terms of th	eir updation w	ith recent develo	opments.
1	Excellent	Good	Average	Poor	
		~			
7.	Rate the course	s in terms of th	eir experiment	al learning and	employability option?
1	Excellent	Good	Average	Poor	
1					
3.	Rate the course	s in terms of th	eir environmer	ntal awareness a	and relevance to sustainable measures
[	Excellent	Good	Average	Poor	
T		V			
9.	Rate the course	s in terms of de	veloping resea	rch oriented ski	11.
[	Excellent	Good	Average	Poor	
t					
_	How far the cou	urses are releva	int in terms of	ich opportunitie	as and research/further studies?
10	Excellent	Good	Average	Poor	
10.		0000	weighe	POOR	
10.	Excement				

Eastoner Signature

#### **RATING AND RELATION OF POS AND PSOS WITH QUESTIONNARIE**

Sl. No.	Questions	Average Rating (of 18 students)
1.	Did you acquire sound & sufficient knowledge of the courses taught?	3.21
2.	Rate your skill development in terms of critical thinking & reasoning offered in the courses?	3.21
3.	How much are the courses offered to you suggesting an interdisciplinary approach?	3.31
4.	Rate the courses as per their communication skill and attitude.	3.21
5.	Did the courses help in developing self directed learning?	3.52
6.	Rate the courses in terms of their updating with recent developments.	3.26
7.	Rate the courses in terms of their experimental learning and employability option?	3.26
8.	Rate the courses in terms of their environmental awareness and relevance to sustainable measures?	3.47
9.	Rate the courses in terms of developing research oriented skill.	3.42
10.	How far the courses are relevant in terms of job opportunities and research/further studies?	3.26

Average Rating (Excellent- 4, Good-3, Average-2, Poor-1) Target level: 3

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO 1	PSO 2	PSO 3	PSO 4
Questioner	Q1, Q3, Q5	Q1, Q4, Q6	Q1, Q7, Q5	Q1, Q5, Q6	Q2, Q4, Q8	Q1, Q6, Q3	Q1, Q5, Q9	Q1, Q10 , Q5	Q1, Q6, Q9	Q1, Q4, Q8	Q2, Q6, Q10	Q1, Q3, Q8	Q1, Q7, Q10
Average Rating	3	2.8	2.8	3	2.6	2.8	3	2.4	2.8	2.2	3	3	3

# MUGBERIA GANGADHAR MAHAVIDYALAYA, MUGBERIA 721425

#### DEPARTMENT OF NUTRITION

#### FINAL ATTAINMENT OF CO, PO & PSO

#### PROGRAMME NAME: B.Sc. HONOURS IN NUTRITION (BATCH 2018-2019)

#### Direct Method: Average COs of all courses

	со	CO	со	со
	7:11:1, 7:11:3, 7:12:1	7:13:1, 7:13:3	7:14:3, 7;14:4	7:15:1, 7:16:2
Direct Attainment	3	3	3	3

Direct Method, the target level is reached successfully.

#### Indirect Method: Average of PO & PSO with the questionnaire

	PO1	PO2	PO3	PO4	PO5	PO6	P07	PSO1	PSO2	PSO3
	1	2	3	4	5	6	7	8	9	10
Indirect Attainment	3.21	3.31	3.21	3.52	3.26	3.26	3.47	3.42	3.42	3.26

Indirect Method, the target level is reached successfully for POs & PSOs.

The report is prepared by Pranati Bera, SACT Teacher, Dept of Nutrition.



Principal Mugberia Gangadhar Mahavidyalaya Principal Mugberia Gangadhar Mahavidyalaya

